

# An Invitation

Learn to  
spin the  
WHEEL

Happy  
New  
Year  
2024



# *Learn to Spin The Wheel to Get Off the Wheel*



**A Single Thread is pleased to offer an extended Zen Retreat on Zoom for 2024. It will begin Sunday, January 7<sup>th</sup> and continue through Sunday, April 14<sup>th</sup>.**

**The focus will be on the Six Realms of Human Identity with two Sundays focusing on the Precepts.**

**All teachings will be Sunday Teachings.**

- **TIME: 3:00 pm CST (or CDT) to 4:00 pm**
- **Teacher: Rev. Lao Dizhishakya aka Marilyn**
- **Structure: Short Sitting Followed by Teaching**



**Registration: Please register for the retreat. There is no requirement to attend all sessions. Come when you can come. Send an email to: [marilyn.fischbach@gmail.com](mailto:marilyn.fischbach@gmail.com) to obtain the ZOOM link.**

**Monday – Friday: There will be early morning sitting from 6:30 am to 7:00 am. NO teaching on Easter Sunday.**

**[www.zatma.org](http://www.zatma.org) – [www.asinglethread.net](http://www.asinglethread.net)**

